

Instruction

ADMINISTRATIVE REGULATIONS ON FIELD TRIPS

6153AR

Field Trips During School Time

The Board of Education Policy on school trips will be administered initially at the individual building level.

- The teacher shall review the educational value of the school trip with the principal or house principal whose approval must be given prior to making the final arrangements for the school trip. At the high school level, the head principal's approval is necessary as well.
- A *Field Trip Approval Request* must be completed online two (2) weeks prior to the date of the scheduled school trip. Failure to comply with this regulation may result in the need to complete additional steps to secure final approval or the cancellation of the school trip.
- Parent or guardian permission is required for all school trips. Permission shall be based upon teacher-provided information including:
 - the purpose of the school trip and its relationship to the curriculum (if the trip is to view a motion picture, the picture's rating shall be stated);
 - the destination;
 - arrangements for transportation;
 - date and time of departure;
 - estimated time of return;
 - a detailed itinerary;
 - reason for extension beyond the school day (if any); and
 - approximate cost of trip.
- Cost of School Trips
 - Students can be asked to pay a pro rata share of costs for transportation, admission fees, etc., except for trips that are designated as part of the curriculum (e.g., Mill River).
 - School or other funds are available through the building principals for families requesting assistance with expenses.
- School trips in airplanes other than those operating on regularly scheduled commercial flights are expressly prohibited, except for prior approval by the Superintendent of Schools or designee.

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Field Trips During School Time (continued)

- One (1) or more adults in addition to the teacher will accompany each class on school trips unless otherwise approved by the principal. Teacher responsibilities include the following:
 - assuring sufficient chaperones to implement a chaperone / student ratio appropriate to the field trip experience;
 - informing other chaperones of their duties and responsibilities;
 - preparing the students thoroughly for the experience;
 - reviewing the standards of conduct with the students in advance of the school trip;
 - having primary responsibility for the conduct of students;
 - excluding from a school trip students who have not shown evidence of self-control, respect for authority, or who may be a danger to themselves or others;
 - arranging an appropriate educational experience and supervision of students not participating in school trip;
 - seeing student safety as the primary responsibility on all school trips;
 - arranging for a buddy system to assure constant awareness of each student's whereabouts, needs, and participation; and
 - notifying the principal or housemaster as soon as possible and the parent or guardian should an emergency occur.
- Transportation
 - Arrangements for buses should be made through the Transportation Office at least two (2) weeks prior to the trip.
 - School trip approval forms are available online via Class Link.
- Students
 - Students are not permitted to leave the school group during the trip unless prior written permission from a parent or guardian is received (CREF 3640AR).
 - For students returning to school from a trip after school hours, the teacher or principal is to make arrangements for their safe departure home.
 - Should students be delayed, the teacher must notify the building administrator or designee.
 - The teacher must be aware of any special medical problems of students going on a school trip.

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Field Trips During School Time (continued)

- The school nurse shall be notified of each field trip at the time of the initial request and will provide information regarding needs and specific health issues.
- Students (continued)
 - Only students from the Fairfield Public Schools are to participate in school trips.
 - All school rules apply during school trips.
- Specialized School Trips Sponsored by the School
 - In the case of specialized school trips such as canoe trips, white-water trips, bicycling, camping / hiking trips, and ski trips, the teacher responsible for the trip must submit in writing the assurance of the sponsoring agency providing certified lifeguards and/or personnel certified in first aid.
 - The written assurance provided by the sponsoring agency must be submitted to the Deputy Superintendent.

Non-School Time Field Trips

School trips scheduled on non-school time are permissible providing they relate to the curriculum and/or an extra-curricular activity sponsored by the school system.

Private Trips

The Board of Education acknowledges that groups may want to organize special ventures. Such trips will be considered as private and may not use the school's name or abbreviation, school resources (daily bulletins, classroom time, school stationery, the public address system, telephones, etc.), school materials, supplies, nor office equipment in carrying out recruitment or planning.

However, as with other appropriate non-school ventures, individuals or groups initiating such trips may use school bulletin boards or purchase ads in the school newspaper provided such publicity clearly states that the activity is not school-sponsored.

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ADMINISTRATIVE REGULATIONS ON FIELD TRIPS (continued)

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Administration of Medication on Out-of-State Field Trips

School nurses are not always able to authorize staff to administer medications for students on out-of-state field trips. Additionally, when field trips leave Connecticut, laws about medication administration vary by state and can change. Staff should not assume the same rules apply out-of-state that apply in CT. For more information on the laws that are applicable to **in-state field trips**, please visit the [CSDE Field Trips Guidance for School Nurses](#) website.

For example, in Connecticut, nurses may train school staff to give medications (scheduled or emergency) in their absence. In New York, trained staff may administer epinephrine auto-injectors or glucagon ONLY with providers orders. However, most states do not allow nurses working in one state to delegate ANY medication administration to staff who do not have a medical license.

Therefore, the following best practice must be applied to out-of-state field trip planning:

- Submit the online field trip request form at least **four (4) weeks** prior to the date of the trip. Send out the Parent Notice document to those students who may be attending the trip as early as possible. Once the list of attending students is finalized, the school nurse will review it to determine if nursing coverage is required.
- Students going out of state must either have provider orders to self-carry/self-administer their medications, a parent must attend the trip, or a Connecticut nurse must travel with them to manage medications.
- Securing a Fairfield school nurse to attend an out-of-state field trip may not be possible, and while there are outside agencies who provide nurses, we are unable to advise you on their availability or cost. Here are the outside nursing agencies, FPS currently works with:
 - Geron Nursing - Roger Arguello, roger@geronnursing.com
 - AAA Nursing - Vincenzo Greco, Vincenzo.Greco@aanursingcare.com
 - Delta T Nursing - Doshana Thomas-Gayle, dthomas-gayle@Deltatg.com
 - Nurses 4 Daycare – Bill Modashel bill@nursesfordaycare.com
 - The Stepping Stones Group – Jason Pallas, jason.pallas@ssg-healthcare.com
- The average hourly rate for a registered nurse from an outside agency is \$76/hr, but please note that this rate may vary from one agency to another, depending on availability.

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ADMINISTRATIVE REGULATIONS ON FIELD TRIPS
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Administration of Medication on Out-of-State Field Trips (continued)

- Please be advised that most rates are based on the nursing staff providing services to one student. If there is more than one student, there is an additional hourly rate.
- If out-of-state field trips include an overnight stay, nursing staff must be provided with hotel accommodations, in addition to covering their incidentals. They must also be allowed eight (8) hours of sleep, with the rest of the day being billed hourly.

International School Trips

International school trips provide experiences for the student, which cannot be duplicated in the classroom.

- All international school trips during or outside of school time must be related to the curriculum of the Fairfield Public Schools.
- All international school trips must be approved by the school system.
- Only students enrolled in the Fairfield Public Schools are permitted to participate in an international school trip.
- Prior to any definite planning such as recruiting students, notification to the parent or guardian, or contract with any travel agency, the teacher responsible must adhere to the following:
 - A written proposal must be submitted to the building principal describing the purpose of the trip abroad and how it relates to the curriculum.
 - The proposal must be discussed with the building principal by the teacher responsible.
 - Upon the approval of the building principal, the teacher must complete the *Preliminary Application for International Study/Field Trip* form AND the online *Field Trip Request* form. The *Preliminary Application for International Study/Field Trip* form should be submitted to the Deputy Superintendent no later than September 15th of the school year in which the trip is being proposed.
 - Any staff member contemplating a school trip abroad must make known that intention in September of the school year in which the school trip takes place and adhere to the above-mentioned regulations.

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ADMINISTRATIVE REGULATIONS ON FIELD TRIPS
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International School Trips (continued)

Subsequent to Preliminary Approval

- The teacher is to complete the *FPS International Travel Waiver* form, no later than November 15th and submit it, along with the trip itinerary to the Deputy Superintendent.
- The teacher is to notify the parent or guardian of students in writing of the intention of the school trip abroad. The written notification is to include a description of the school trip, the itinerary, its relation to the curriculum, and the cost per student.
- Attached to the letter of intent to the parent or guardian is a form to be returned to the teacher responsible indicating preliminary approval by the parent or guardian.
- The teacher must complete the *CIRMA International Travel Insurance Application* and submit it, along with a detailed itinerary and final roster of students and chaperones to the Deputy Superintendent no later than January 15th.
- Two months prior to the international field trip, the teacher should distribute the *International Field Trip Health & Medical Form*, and *Notice to Student Participants & Their Parents/Guardians* forms to all parents/guardians. The lead chaperone for the international field trip must work with the travel company to ensure that all participants are in compliance with the medication restrictions of the destination(s). The school nurse will not be able to assist with this process in any way.
- The above must be completed prior to any definite plans with respect to the school trip abroad.
- Students are notified at the same time as the parent or guardian.

Finalizing Plans - Travel Agencies

- A bidding process should be used with bid invitations to travel agencies.
- The Business Office of the Fairfield Public Schools is available to assist in the bidding process.
- Wherever possible, travel agencies doing business in Fairfield should be contracted to handle all the travel arrangements.

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ADMINISTRATIVE REGULATIONS ON FIELD TRIPS
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International School Trips (continued)

General Information

- An orientation meeting is to be held with the parent or guardian of students involved providing the following information:
 - purpose of trip;
 - itinerary;
 - hotel accommodations;
 - travel agency;
 - departure and return times;
 - cost;
 - school regulations and Board policy with respect to behavior; and
 - insurances.
- All international school trips are to be adequately chaperoned; assuring sufficient chaperones to implement a chaperone / student ratio appropriate to the field trip experience.
- Orientation meetings will be held with the students to provide the following information:
 - proper standards of conduct in the host country;
 - the history and cultural background of countries / cities and areas on the itinerary;
 - vocabulary / expressions useful in travel in the host country;
 - rules / regulations with respect to passports, visas, baggage, customs, and health regulations;
 - knowledge / exchange of foreign currency;
 - available means of transportation in the foreign country;
 - suggested packing list; and
 - appropriate behavior.

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ADMINISTRATIVE REGULATIONS ON FIELD TRIPS
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International School Trips (continued)

General Information (continued)

- Salary of the teacher / chaperone will continue to be paid by the district on regularly scheduled school days of the trip.
- In an emergency situation, the teacher is responsible for seeking immediate assistance, according to need.
- The teacher must have a list of parents or guardian's telephone numbers and relevant student medical information, including any prescription medicines or allergies.
- The buddy system for students and chaperones will be in effect during the entire trip.
- Students are not permitted to leave the school group during the trip unless prior written permission from a parent or guardian is received (CREF 3640AR).
- The teacher planning the trip is responsible for the continuation of the regular instructional program by planning with the immediate supervisor.

8/27/2004

Revised 10/30/2024

Revised 10/3/2025

Parent Notice of Field Trip Medication Authorization

Subject: Important Information – Out-of-State Field Trip Medication

Dear Parents/Guardians,

We are planning a trip to **[insert location]**. Please note that a school nurse may **not** be present on this trip.

If your child requires medication (scheduled or as needed), you will need to complete the attached **Field Trip Medication Authorization Form**.

- The form must be signed by both you and your child's authorized prescriber.
- Please check the section granting approval for your child to **self-carry and self-administer** their medication.
- The specific **date(s)** of the trip must be included on the form. If you and your child's prescriber prefer, the form may be completed for the **entire school year** to allow your child to self-carry and self-administer on any future field trips. Please note that this authorization applies **only to field trips** and does not replace medication plans used during the regular school day.

If your child already has current emergency medication orders (for example Epi-pen or inhaler) on file with the school nurse that are signed for self-carry and self-administration, you do not need to complete an additional form.

If your child is attending this trip and unable to manage their medical needs independently and requires a nurse, please contact the school nurse immediately.

Please return the completed form to the school nurse by **[insert due date]** so we can ensure all requirements are met before departure.

Thank you for your cooperation in helping us provide a safe and successful trip for all students.

Sincerely,

[insert field trip leader's name]

AUTHORIZATION FOR THE ADMINISTRATION OF MEDICATION BY SCHOOL PERSONNEL



Health Department

FAIRFIELD SCHOOLS
Field Trip Medication Authorization

Connecticut State Law and Regulations 10-212 (a) require a written medication order completed by an authorized prescriber (physician, dentist, advanced practice nurse, or physician assistant) and parent/guardian written authorization for the nurse or in the absence of the nurse a designated principal or teacher to administer medication. All medication must be in the original properly labeled container and dispensed by a physician / pharmacist

Section A: Prescriber's Authorization

Student: [] Date of Birth: []

Address: []

Allergies: NO [] YES (specify): []

Medication 1 Name: [] Dose: [] Route: []

Time of Administration: [] If PRN, frequency: []

Relevant Side effects to be observed, if any: []

Condition for which drug is being administered: []

Medication 2 Name: [] Dose: [] Route: []

Time of Administration: [] If PRN, frequency: []

Relevant Side effects to be observed, if any: []

Condition for which drug is being administered: []

Medication 3 Name: [] Dose: [] Route: []

Time of Administration: [] If PRN, frequency: []

Relevant Side effects to be observed, if any: []

Condition for which drug is being administered: []

Medications may be administered from: [] to: []
Month/Day/Year. Month/Day/Year.

Prescribers Name/Title (type or print): []

Address: []

Telephone: [] Fax: []

[] []

Prescriber's signature:

Date

Prescriber's stamp

Section B: Self-Administration and Self-Possession of Medication Authorization / Approval

Self Administration and self-possession of the above ordered medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse in accordance with the Board Policy

Prescriber's authorization for self-administration and self-possession of medication Yes: [] No: [] []
Signature Date

Parent/Guardian authorization for self-administration and self - possession of medication: Yes: [] No: [] []
Signature Date

School Nurse Approval for self-administration and self-possession of medication: Yes: [] No: [] []
Signature Date

Timeline for International Field Trip Requests

Timeframe	Required Documents	Location	Submit to
No later than September 15 th	Field Trip Request	Via app on Class Link	Online
No later than September 15 th	Preliminary Application for International Study/Field Trip	U drive in the international field trips folder	Deputy Superintendent
No later than November 15 th	FPS International Travel Waiver (vMay242022) Itinerary	U drive in the international field trips folder	Deputy Superintendent
No later than January 15 th	CIRMA International Travel Insurance Application Signed Preliminary Application for International Study/Field Trip Approved Online Field Trip Request Detailed Itinerary Final Roster (chaperones & students)	U drive in the international field trips folder	Deputy Superintendent
Two months before trip	International Field Trip Health & Medical Form – <i>lead chaperone must work with travel company to ensure compliance with medication restrictions of destination</i> Notice to Student Participants & Their Parents/Guardians	U drive in the international field trips folder	Building administrator



PRELIMINARY APPLICATION: INTERNATIONAL STUDY FIELD TRIP FORM

PLEASE TYPE & SUBMIT TO THE OFFICE OF INSTRUCTION BY SEPTEMBER 15th

Name of teacher proposing school trip: _____

School: _____

Destination: _____

Dates of school trip: _____

Proposed dates that school will be missed (no more than 2 missed days permitted): _____

Number of students involved: _____

Describe how students will be selected for this trip _____

Chaperone/Student ratio (minimum of 1 chaperone to 7 students): _____

Name of employee chaperones: _____

Number of non-employee chaperones: _____

Accommodations: hotel homestay

Please attach a plan describing how students will be supervised during the daytime and nighttime hours. _

Curricular objectives addressed by the trip: _____

Cost for each student (please attach an itemized list of expenses): _____

Name of travel agency (please attach travel itinerary and details): _____

Describe the availability of emergency medical care should an emergency occur: _____

____ I have checked the U.S. State Department website and confirm that there are no travel restrictions or cautions to this area at the time of this trip proposal.

Signature of person(s) completing form: _____

This form should be submitted to the Office of Instruction at Central Office along with the online Field Trip Request Form (available via Class Link) and the rest of the forms found in the International Field Trip Folder on the U-drive.

Preliminary Approval:

Deputy Superintendent