

Students

ADMINISTRATIVE REGULATIONS ON HEALTH ASSESSMENTS AND IMMUNIZATIONS

5141.3AR(a)

Health Assessments

State law requires complete primary immunizations and a health assessment by a legally qualified practitioner of medicine, an advanced practice registered nurse or registered nurse, licensed pursuant to chapter 378, physician assistant, licensed pursuant to chapter 370, a school medical advisor, or a legally qualified practitioner of medicine, an advanced practice registered nurse or a physician assistant stationed at any military base prior to school entrance in Connecticut.

I. Acceptable Dates for Health Assessments

Physical exams with up-to-date state mandated immunizations are required at the following times:

- **Early Childhood Center** – Exam within 365 days prior to the student’s entry into Pre-K (submitted annually).
- **Kindergarten** – Exam on or after August 15th of the year prior to the student’s entry into Kindergarten.
- **6th Grade**: Exam on or after July 1st of the year the student enters 6th grade. Exam and up-to-date immunizations must be received prior to the student’s entry into 7th grade.
- **9th Grade**: Exam on or after July 1st of the year the student enters 9th grade. Exam and up-to-date immunizations must be received prior to the student’s entry into 10th grade.
- **Transferring into district**: All new entrant physical exams must be performed within 365 days of starting school and include a complete immunization record as required by the State of Connecticut for the grade entering.
- **Students receiving itinerant services**: Exam within the calendar year prior to students receiving itinerant services (submitted annually).

II. Countries with a High Prevalence of Tuberculosis

There are many countries with a high prevalence of tuberculosis. For the most updated information, please check the list found in the Tuberculosis Control Screening Guidelines for Connecticut Schools, CT Department of Public Health, Infectious Disease Division.

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III. Information to be Included on Health Assessments

Each health assessment shall include a hematocrit or hemoglobin test, height, weight, blood pressure, screening questions to be answered by the parent or guardian and examiner, an updating of immunizations as needed, vision, hearing, speech and gross dental screenings and such other information as the examiner deems appropriate. Health assessments required in grades 6 and 9 and health assessments required for high school interscholastic sports shall also include postural screening. Each health assessment shall include a chronic disease assessment which shall include but not be limited to whether the student has a diagnosis of asthma. Health assessments shall include a tuberculosis risk assessment and, if indicated, a Mantoux tuberculin skin test, as required in the Health Assessment policy. The examiner performing the health assessment shall complete and sign the health assessment form and any recommendations concerning the student shall be made in writing.

IV. Procedure for Notification of Parent/Guardian Regarding Health Assessment Requirements

- a) Parents of students registering for school will be given the State of Connecticut Health Assessment form and parent letter regarding health assessment requirements. At the time of registration, a "Requirement for Registration" form will be given to the parent/guardian for review of the health assessment requirements at the time of registration. The parent/guardian will submit the health assessment requirements to the school nurse prior to the student's entry into school.
- b) For grade six (6) and nine (9)
 - i. In May, the nurse sends State of Connecticut Health Assessment Form and notification to parents who have children who will enter grade six or grade 9 in the next school year.
 - ii. In November, the nurse sends a reminder notification to parents of sixth and ninth graders if the required health assessment has not yet been received. The nurse will send additional reminders to parents later in the school year as needed.
 - iii. The nurse will attempt to secure all required health assessments prior to the end of the school year and will prepare a list of any students not in compliance prior to the end of the school year. The nurse will submit list to Nursing Supervisor who will send an additional notice to parents/guardians

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of these students. The nurse will keep list accessible to verify compliance prior to the start of the next school year.

- c) For Interscholastic Sports – The Athletic Department personnel will notify potential sports participants of health requirements and provide them with the appropriate form. The Athletic Department will notify parents of the process to submit the completed forms to the school nurse.
- d) Review of Health Assessments by School Nurse
 - a. The School Nurse shall review each health assessment and make recommendations to parents for further evaluation of abnormal results as needed. The School Nurse shall inform the principal and/or other appropriate school personnel of recommendations made on a student’s health assessment when indicated.
- e) Incomplete Health Assessments - Incomplete health assessments shall be returned to the parent by the school nurse indicating the information needed for completion. Health assessments which do not contain all information required shall be returned to the parent for completion in the same manner. No student shall be permitted to enter or continue to attend school or participate in sports until the required health assessment is complete.
- f) Recording of Health Assessments - Each health assessment received shall be recorded on and stored in the student’s Cumulative Health Record.

Required Immunizations

- A complete immunization record must be presented before a child enters school. For all students, this record must indicate dates of adequate immunization in accordance with the State of Connecticut *Immunization Requirements for Enrolled Students in Connecticut Schools* for the grade for which they are entering. For further information, parents/guardian may contact the school nurse.
- Under certain circumstances, proof of immunity based upon specific blood testing or disease certification is acceptable in lieu of immunization. For further information, contact the school nurse.
- Connecticut state statutes permit exemptions from receiving immunizations if vaccination is medically contraindicated and such contraindication is certified by a physician and is in accordance with the provisions of state law. For further information, contact the school nurse.

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Legal References: Connecticut General Statutes Secs. 10-204a and 10-206

Resources:

[Early Childhood Health Assessment Record](#) – State of Connecticut Department of Education

[Health Assessment Record](#) – State of Connecticut Department of Education

Immunization Requirements for Enrolled Students in Connecticut Schools – updated annually on CT.gov – School Nursing

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Revised 3/12/2007

Revised 6/28/2011

Revised 6/30/20014

Revised 9/23/2014

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