

**Fairfield Public Schools
Board of Education
Policy Guide**

Students

**EMERGENCY ACTION PLAN FOR INTERSCHOLASTIC
AND INTRAMURAL ATHLETIC EVENTS**

5141.72 (a)

The Fairfield Board of Education (the “Board”), in consultation with local emergency medical services providers and allied health professions, authorizes the District to develop an emergency action plan to be followed in the event that a student sustains a serious injury or illness while participating in an interscholastic or intramural athletic event. Such plan shall include, but need not be limited to, the following components:

1. A list of the school employees, coaches, or licensed athletic trainers in each school who will be responsible for implementing the emergency action plan and a description of each person's responsibilities under the plan;
2. Identification of the location(s) or venue(s) where the interscholastic or intramural athletic event is taking place;
3. A description of the equipment and supplies that may be available at the site of the interscholastic or intramural athletic event that will assist in responding to an emergency, including the location of where such equipment and supplies may be found at such site;
4. A description of the procedures to be followed when a student sustains a serious sports-related injury, including, but not limited to, responding to the injured student, summoning emergency medical care, assisting local first responders in getting to the injured student and documenting the actions taken during the emergency;
5. A description of the protocols to be followed during cardiac or respiratory emergencies, including the operation of an automatic external defibrillator, use of cardiopulmonary resuscitation, or the administration of medication, in accordance with applicable state law and Board policy;
6. A description of the protocols to be followed when a student is observed to exhibit signs, symptoms, or behaviors consistent with a concussion or is diagnosed with a concussion, in accordance with applicable state law and Board policy;
7. A description of the protocols to be followed when a student suffers from a traumatic brain injury or spinal cord injury, provided such protocols are designed to include instructions that

**Fairfield Public Schools
Board of Education
Policy Guide**

Students

**EMERGENCY ACTION PLAN FOR INTERSCHOLASTIC
AND INTRAMURAL ATHLETIC EVENTS**

5141.72 (b)

are based on the level of training of the person implementing the emergency action plan and are in accordance with best practices and state law; and

8. A description of the protocols to be followed in the event of heat and cold-related emergencies, provided such protocols are in accordance with current professional standards.

In developing the emergency action plan, the District may also consult recommendations from the Connecticut Interscholastic Athletic Conference (“CIAC) for intramural and interscholastic athletics.

The Board shall authorize the District to update such plan, as necessary. Any school employee, coach, or licensed athletic trainer identified in the emergency action plan shall (1) annually rehearse such emergency action plan, and (2) be certified in cardiopulmonary resuscitation and have completed a course in first aid offered by the American Red Cross, the American Heart Association, the Department of Public Health, any director of health, or an organization using guidelines for first aid published by the American Heart Association and the American Red Cross.

The District shall distribute the emergency action plan to all school employees, coaches, and licensed athletic trainers identified in the emergency action plan. The District shall also post such emergency action plan in all athletic facilities and at all sites where interscholastic and intramural athletic events will take place and make such emergency action plan available on the web site for the school district or school.

Legal References

Conn. Gen. Stat. § 10-212i. Emergency action plans for serious and life-threatening sports-related injuries during interscholastic and intramural athletic events

Connecticut Association of Schools, Connecticut Interscholastic Athletic Conference, Medical Handbook 2022-2023, available at https://www.casciac.org/pdfs/CIAC_medical_handbook22-23.pdf.

ADOPTED: 3/14/2023